

In the Mind of A Diamond



Pressure makes diamonds, but only if someone shows you how to handle it.

A 40-minute talk by Carl Miller

The talk

A 40-minute session, honest and straight-talking, built for young people who've heard every lecture and switched off. No jargon and no preaching, just real stories and practical tools they can use the same day.

What students leave with

- A different way of seeing pressure, setbacks and the people around them
- Simple mindset tools for confidence, focus and self-control
- The belief that where they start doesn't decide where they finish
- A moment of honesty many of them won't have felt in a classroom before

Who it's for

Assemblies, year groups, PSHE, mentoring groups, inclusion and alternative provision, and staff sessions (INSET). Follow-up small-group or one-to-one mentoring is available.

Packages and fees

Founding rate (first 10 schools): 40-minute talk + Q&A, normally £350	£250
40-minute talk + Q&A	£350
Half day	£550
Full day with workshops + optional basketball session	£850
Talk + 6-week small-group mentoring	£1,500
Youth clubs and charities	from £200
Staff INSET	£750
Corporate keynote	from £1,250
Travel beyond 30 miles (based in Southampton, happy to travel)	45p/mile

Safeguarding: Enhanced DBS and public liability insurance available on request.